

## ***Sanjay Bakshi, MD, MBA***

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### **Employment**

- 8/17 – Present      Attending, Pain Management, OrthoManhattan  
485 Madison Ave, New York, NY 10022
- 4/05 – Present      Attending, Pain Management, The Center of Orthopedics and Sports Medicine  
111 West Water St, Toms River, NJ 08753
- 5/03 – 7/17          Director, Manhattan Spine and Pain Medicine.  
New York, NY
- 1/96 – 4/03          Director of Pain Management. Healthcare Associates in Medicine,  
Staten Island, NY
- 7/95 – 12/95        Instructor, Department of Anesthesiology and Critical Care Medicine  
Johns Hopkins Hospital, Baltimore, Maryland
- 3/95 – 6/95          Assistant, Department of Anesthesiology and Critical Care Medicine  
Johns Hopkins Hospital, Baltimore, Maryland

### **Postgraduate Training**

- 7/94 – 6/95          Fellowships in Pain Medicine. Department of Anesthesiology and Critical Care  
Medicine, Division of Pain Medicine  
Johns Hopkins Hospital, Baltimore, Maryland
- 7/93 – 6/94          Chief Resident. Department of Anesthesiology  
The Brookdale Hospital Medical Center/Brooklyn Hospital Center
- 7/91 – 6/93          Resident. Department of Anesthesiology  
Brookdale Hospital Medical Center/Brooklyn Hospital Center
- 7/90 – 6/91          Intern. Department of Internal Medicine  
Catholic Medical Centers of Brooklyn and Queens

## **Education**

1997 – 2000	Baruch College / Mt Sinai Hospital MBA in Health Care
1984 – 1989	University of Bombay, Bombay, India Seth G.S. Medical College 2 <sup>nd</sup> and 3 <sup>rd</sup> MBBS
1982 – 1984	University of Indore, Indore, India M.G.M. Medical College 1 <sup>st</sup> MBBS
1980 – 1982	University of Bombay, Bombay, India Mithibai College, H.S.C.

## **Licensure**

State of New York  
State of New Jersey

## **Board Certification**

Recertification in the Subspecialty of Pain Medicine - 2016  
American Board of Anesthesiology

Recertification in the Subspecialty of Pain Medicine - 2007  
American Board of Anesthesiology

Pain Medicine Diplomat  
American Board of Pain Medicine  
April 15, 1997

Pain Management Certificate of Added Qualifications #26076  
American Board of Anesthesiology  
November 11, 1996

Anesthesiology Diplomat #26076  
American Board of Anesthesiology  
October 13, 1995

## Honors and Awards

Director at Large American Society of Interventional Pain Physicians - 2015

Castle Connolly Top Doctors, New York Metro Area – 2012, 2013, 2014, 2015

NY Times: Super Doctors 2014, 2015

Medicare CAC Committee 2014 – Current

President, New York Society of Interventional Pain Physicians - 2013

Lifetime Achievement Award

Pain Foundation of India

October 27, 2012

U.S. World News – Best Doctor 2012

Robert D. Dripps, MD Memorial Award for Outstanding Graduate Resident in Anesthesiology  
1994

1<sup>st</sup> Class Honors in 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> MBBS

## Professional Membership

American Society of Interventional Pain Physicians

North American Spine Society

American Board of Pain Medicine

American Pain Society

American Society of Anesthesiologists

New York State Society of Anesthesiologists

## Publications

Manchikanti, L Kaye, AM, Bakshi, S, Et al. “Responsible, Safe, and Effective Prescription of Opioids for Chronic Non-Cancer Pain: American Society of Interventional Pain Physicians (ASIPP) Guidelines.” [Pain Physician](#). 2017 Feb;20(2S):S3-S92.

Bakshi S. Co Editor, “Interventional Pain Management: A Practical Approach, 2<sup>nd</sup> Edition” Jaypee Brothers Medical Publishers Ltd, Mumbai India 2016

Diwan S., Staats P., Bakshi S., et al. "Atlas of Pain Medicine Procedures" Ch. 32 Percutaneous Disc Decompression. McGraw-Hill Education. 2015

"Comparison of the Efficacy of Saline, Local Anesthetics, and Steroids in Epidural and Facet Joint Injections for the Management of Spinal Pain: A Systematic Review of Randomized Controlled Trials"

Laxmaiah Manchikanti, MD, Devi E. Nampiarampil, MD, Kavita N. Manchikanti, MD, Frank J. E. Falco, MD, Vijay Singh, MD, Ramsin M. Benyamin, MD, Alan D. Kaye, MD, PhD, Nalini Sehgal, MD, Amol Soin, MD, Thomas T. Simopoulos, MD, Sanjay Bakshi, MD, Christopher G. Gharibo, MD, Christopher J. Gilligan, MD, Joshua Hirsch, MD "In Press" Surgical Neurology International Spine

"Do Cervical Epidural Injections Provide Long –Term Relief in Neck and Upper Extremity Pain? A Systematic Review "

Laxamaiah Manchikanti, MD, Devi E. Nampiarampil, MD, Kenneth D. Candido, MD, Sanjay Bakshi, MD, Jay S. Grider, DO, PhD, Frank J. E. Falco, MD, Nalini Sehgal, MD, Joshua Hirsch, MD

Pain Physicians 2015;18:39-60

Bakshi, S. "World Clinics: Anesthesia Critical Care & Pain Management"

Jaypee Brothers Publishing, Mumbai, India 2013

Bakshi, S. Co Editor, "Symptom Oriented Pain Mangement"

Jaypee Brothers Publishing, Mumbai, India 2012

Bakshi, S. Co-Editor; "*Practical Approach to Interventional Pain Management*"

Jaypee Brothers Publishing, Mumbai, India

Bakshi, S. "*Practical Approach to Interventional Pain Management*"

Chapters on Spinal Cord Stimulation, Lumbar Epidural Injections, Lumbar Facet Joint Injections and Medial Branch Blocks

Jaypee Brothers Publishing, Mumbai, India

Bakhshi, S. "*Spinal Cord Stimulation: A Review.*" American Society of Regional Anesthesia. August 1995, pp. 1-6.

Bakhshi, S., North, R. "*Implantable Pumps for Pain Delivery.*" Journal of Neuro-Oncology. December 1995, pp. 133-139.

Staats, P.S., Bakhshi, S. "*Anesthetic Management of Spinal Pain due to Malignancies.*"

Physical Medicine and Rehabilitation: State of the Art Reviews. Vol. 9, No. 3, October 1995, pp. 747-764.

Bakhshi, S. North, R. "*The Failed Back: Augmentative Pain Procedures.*" Seminar in Spine Surgery Vol. 8, No. 3, September 1996, pp. 239-244.

## Lectures and Presentations

ISSPCON 2016

Faculty Member

Workshop: Cervical epiduralsteroid injection/Cervical medial branch block

Lecture; “Current recommendations for the management of discogenic lower back pain”

Lecture: “Fluoro anatomy of the lumbo-sacral spine”

Indore, India

February 5-7, 2016

Global Update on Pain (VI)

International Course Director- Hands on Cadaver Workshop

Demonstration: Lumbar transforaminal block/Facet block

Lecture: “Interlaminar or Transforaminal or Caudal epidural steroid: How to choose?”

Lecture: “Interventional pain management: Principles”

Lecture: Spinal cord stimulator: Update on mechanism and hardware.

Panelist: Pain Awareness Program

Panelist: How to approach a patient with failed interventional blocks

Mumbai, India

November 19-22, 2015

Global Update on Pain (V)

International Course Director- Hands on Cadaver Workshop

Lecture: “Complications of Interventional Pain Blocks”

Lecture: “How to avoid complications in Pain Interventions”

Lecture: “Spinal Cord stimulation: Mechanisms, Applications, Outcome

Mumbai, India

October 25-28<sup>th</sup>, 2012

“Evolving Advanced Pain Therapies”

New York & New Jersey Societies of Interventional Pain Physicians

Faculty Hands on Cadaver Workshop

Westin, New Jersey

October 19-21, 2012

Lecture: “*Percutaneous Discectomy*”

Spine: The New Millennium

Ethicon Institute of Surgical Education

Johnson & Johnson, 64-66 Senapati Bapat Marg, Mahim, Mumbai

December 21, 2007

Global Update on Pain (III)

International Course Director – Hands on Cadaver Workshop

Lecture: “*Role of Radiofrequency Lesioning in Chronic Pain Management*”

Moderator: *“Iatrogenic Complications After Nerve Block Procedures”*  
Lecture: *“Percutaneous Disc Decompression”*  
Panelist: *“Pain Debate: How to Manage Your Pain”*  
Bombay Hospital and Medical Research Center, Mumbai, India  
November 9-12, 2006

*“Least Invasive Spine Intervention & Ozonucleolysis”*  
3<sup>rd</sup> International Indo-Italian Symposium, Gurgaon, Haryana, India  
November 3-6, 2006

*“What’s New in Interventional Pain Management?”*  
The Quad Institutional Pain Medicine Grand Rounds  
New York Presbyterian Hospital – Weil Cornell Medical College, New York, NY  
November 10, 2004

*“Steering The Way” – An Implantable Pain Therapies Workshop*  
Instructor for hands on cadaver workshop on spinal cord stimulation and intrathecal pumps for  
Attending Physicians and Pain Fellows in the New York/New Jersey area.  
June 13, 16-19, 2004

*“Interventional Pain Management of Low Back Pain/Treatment Options”*  
Bayonne Medical Center, Bayonne, New Jersey  
January 23, 2004

*“Spinal Cord Stimulator Implantation Live Demonstration”*  
Transmitted from Lenox Hill Hospital live to TCT Conference in Washington, DC  
September 17, 2003

Global Update on Pain (II)  
International Course Director – Hands on Cadaver Workshop  
Bombay Hospital and Medical Research Center, Mumbai, India  
February 6, 2003

*“New Advances in Pain Management”*  
American Society of Pain Management Nurses, Bellevue Medical Center  
October 9, 2002

*“Chronic Pain Management” – Sponsored by Medtronic’s*  
Case Management Society of America – Metro New York Chapter  
April 12, 2000

*“Management of Chronic Pain: Are You Ready to Prescribe Narcotics?”*  
Nurse Practitioners Forum of Nurses in Advanced Practice

New Jersey State Nurses Association Annual Conference  
Tropicana Resort and Casino, Atlantic City, New Jersey  
April 5, 2000

Global Update on Pain and XVth National Conference of Indian Society for the Study of Pain “*Symposium on Chronic Non-Malignant Pain: Cervical Epidural Steroid Therapy for Cervical Spondylosis Pain*”, “*Live Demonstration Workshop on Nerve Blocks: Cervical Epidural Injection of Steroids*”  
Bombay Hospital and Medical Research Center, Mumbai, India  
February 11-13, 2000

“*Pain Management*”- Medical Grand Rounds  
Raritan Bay Medical Center  
November 25, 1997

“*Interventional Approaches to Cancer Pain Management*”  
Symposium on Cancer Pain, Staten Island University Hospital  
September 9, 1997

“*Pain Management: A Multidisciplinary Approach*”  
Medtronic Neurological. Monte Bianco, Staten Island, NY  
May 1, 1997

“*Management of Chronic Pain*” – Surgical Grand Rounds  
St. Vincent’s Medical Center of Richmond. Staten Island, NY  
June 17, 1996

“*Role of the Anesthesiologist in the Treatment of Pain*”  
Seaview Hospital and Home – Brain Injury Unit  
April 8, 1996

## **In The Media**

“*New Pain Treatments*”  
TV Globo (In Portugese)  
November 11, 2005

Health Segment: “*Help for Chronic Back Pain*”  
7 On Call, Eyewitness News  
WABC TV New York  
August 16, 2005

Health Segment: “*Neurostimulator Implants*”  
WB 11 News

WB New York  
April 28, 2005

*“Lenox Hill Doctors Study New Angina Procedure”*  
In Good Health Publication  
Winter 2004

Health Segment  
Fox 5 News  
New York  
December 30, 2003

*“Probe Eases Back Pain”*  
Staten Island Advance Newspaper  
November 10, 2003

*“Device May Help Angina Sufferers”*  
Newsday New York  
October 21, 2003